



Polish Taekwondo Federation

7, Ku Wisle Str; Warsaw 00-707 POLAND
phone: +48 22 840 45 57; fax. +48 22 891 13 25
e-mail: office@pztaekwondo.pl

www.pztaekwondo.pl



1. DATE

March 6th – 7th, 2010

2. ORGANIZER

Polish Taekwondo Federation
00-707 Warsaw, 7, Ku Wisle street
Tel. +48 22 840 45 57, +48 515 068 678
Fax. 0 22 891 13 25
www.pztaekwondo.pl email: biuro@pztaekwondo.pl

3. PLACE

Sports hall at Academy of Physical Education in
Warsaw; Marymoncka 34 st., Warsaw,

4. CATEGORY

Seniors, 17 years old and older (1993 and older).
Contestants with min. 2 geup.

Saturday, 6th of March : Men - 58 kg; -68 kg; -80 kg; -87 kg
Women -49 kg; -57 kg; -67 kg; -73 kg;

Sunday, 7th of March : Men -54 kg; -63 kg; -74 kg; +87 kg
Women -46 kg; -53 kg; -62 kg; +73 kg

5. COMPETITION RULES

All competitors must hold license recognized by their own national federation, registered in ETU and WTF. All tournament participants must be insured. Organizer will not face consequences in case of unfortunate accidents.

6. FEES

Entry fee for participation amounts to 35,- EURO per participant.

7. ENTRY

Official registration can be made through www.pztaekwondo.pl/system

The deadline for entry is 22th of February 2010 at 23:59.

8. REGISTRATION AND WEIGHT IN

Friday, 5th of March 2010 from 12.00 till 19.00 PM.
MARRIOTT Hotel Warsaw, 65, Aleje Jerozolimskie st.

9. TIMETABLE

Friday	5.03.2010 - 12.00	- registration and weight in at Hotel MARRIOTT Warsaw, 65, Aleje Jerozolimskie st.
Saturday	6.03.2010 - 9.00	- qualifications in part of categories
	- 16.00	- opening ceremony, finals
Sunday	7.03.2010 - 9.00	- qualifications and finals in rest of categories
Monday	8.03.2010	- departure of teams



Mayor of City of
Warsaw



Embassy of
Republic of
Korea



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10. ACCOMODATION

Hotel	Address	Price for room with breakfast	Deadline of reservation
Hotel Marriott***** 4 km from sports hall	Warsaw, 65, Aleje Jerozolimskie st www.hotelmariott.pl	Double room 85 EURO Single room 85 EURO	reservation till 22 th of February 2010
Password to make reservation in these special prices you can get in Polish Taekwondo Federation Office. After reservation deadline all reservations for Teams should be made within your own. Reservation can be made through www.pztaekwondo.pl/system.			

11. Visa

If you need a Visa for Poland, ask the Polish Taekwondo Federation for the official Invitation letter. It is advised to arrange the VISA in time. You can send your request for assistance to:
biuro@pztaekwondo.pl

12. Transport

Provided by the organizer between the airport Warsaw Okęcie and the official hotel and between the official hotel and the sport hall in the morning and in the evening in Saturday and Sunday.

13. Invoicing

An invoice with the entry fee, accommodations costs ordered, will be given to you before the payment. The invoice must be paid at the tournament before registration, failure to do so means that you will not be allowed to participate. All payments must be done by money transfer:

Polski Związek Taekwondo Olimpijskiego
Polish Taekwondo Federation
00 – 707 Warszawa
ul . Ku Wiśle 7

IBAN: PL86 1160 2202 0000 0000 2764 3189
BIC/S.W.I.F.T.: BIGBPLWXXX

We are looking forward to seeing you in Poland!

Bohdan Wlostowski
Managing Director

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